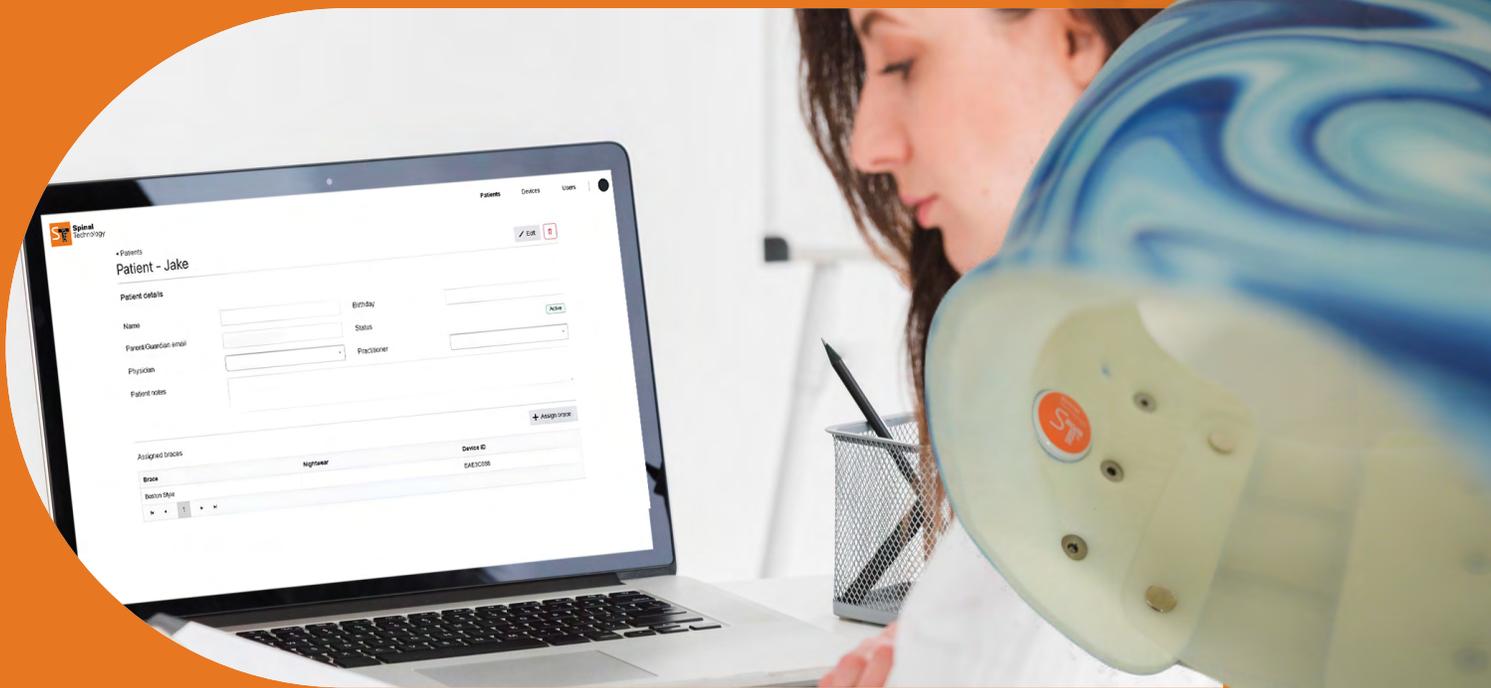


PRACTITIONER SERIES

How to Assign the stWear™ Device to a Patient



Spinal
Technology

Spinal.Tech/stWear

This e-book is designed as a companion piece to our Online Video Training.



Visit [YouTube.com/@SpinalTechnology](https://www.youtube.com/@SpinalTechnology) to watch the full video.



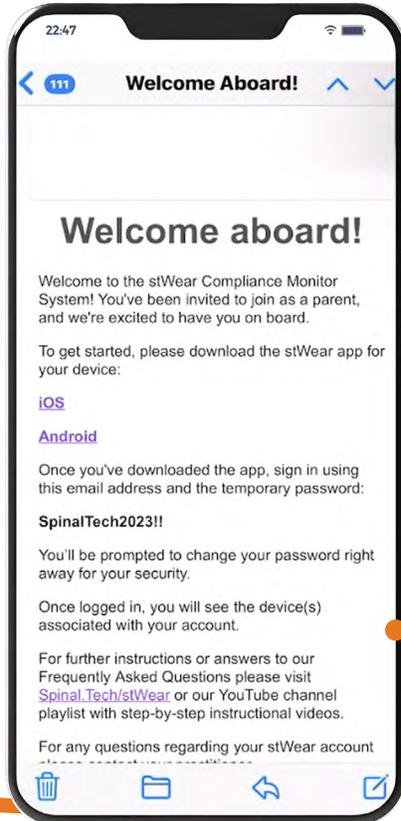
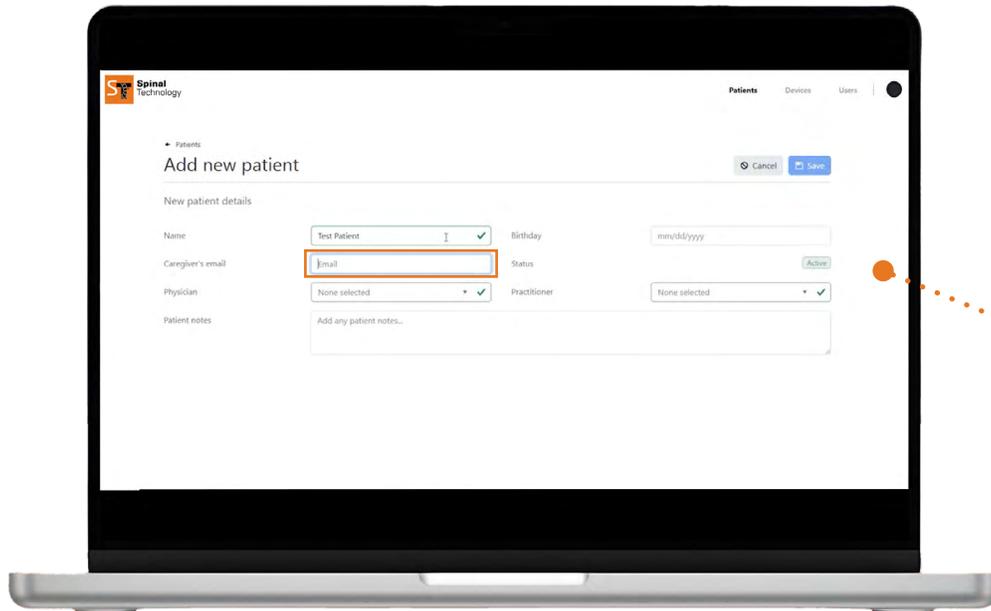
This guide will explain how to assign a device and add a patient to the **stWear™ Compliance Monitoring System**.

When you receive a Spinal Technology scoliosis brace, the stWear™ Compliance Monitoring button will be in a separate bag. On the outside of the bag, you will find **a three- or four-digit number at the top and an alphanumeric number below it**. The alphanumeric number is the device's Mac ID, which is how you will locate it on your account.

Inside the bag is a card with QR codes that lead to the Apple or Android App Store, where parents, caregivers, and practitioners can download the free stWear™ Compliance Monitoring app. Once this is done, you should enter the email address provided for the account along with the temporary password included in the welcome email.

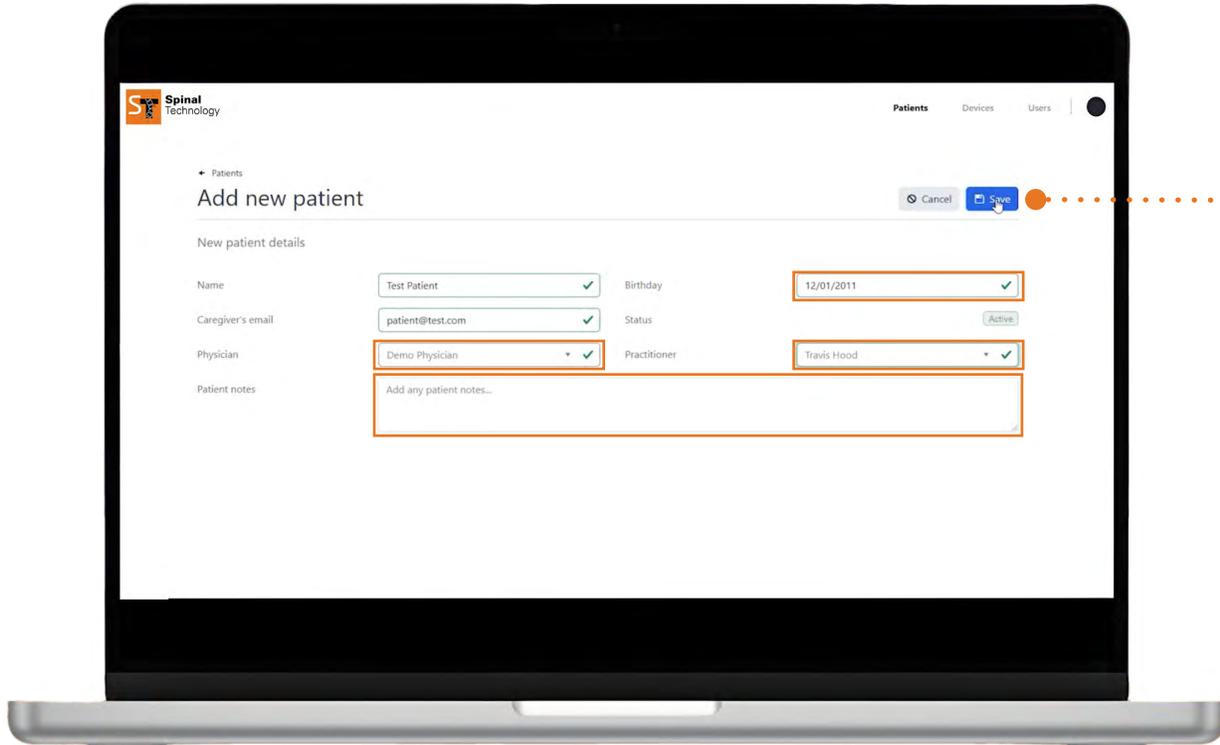


How to Add a Patient



We recommend that this process be done while the parent or caregiver is present in the office.

1. Once logged into your stWear™ Compliance Monitoring portal, click “Add Patient.”
2. Add the patient’s name.
3. Add the parent or caregiver’s email address.
It’s extremely important to ensure that the email address is 100% accurate and has not been used before inside the stWear™ Compliance Monitoring portal.
4. If this email address is incorrect and you click “Save,” the device will need to be unassigned, the patient will need to be deleted, and you will need to start over. Refer to the steps at the end of this guide to correct this error.
5. Please double-check to make sure the email address is correct.
6. Click “Save.”
7. The parent or caregiver will automatically receive an email from Spinal Technology with a temporary password to log into the stWear™ Compliance Monitoring app.



8. Confirm they have received the email and can access the stWear™ Compliance Monitoring app to create a new password.
9. The Physician field is for referring physicians that you've assigned as a user under your account. It is not a required field when creating a patient, so you can continue through this without assigning a physician to it.
10. Add the patient's birthdate.
11. Add the practitioner who is assigned to this patient.
12. You can also add any patient-related notes in the "Patient Notes" field, but this is optional.
13. All required information has been entered once each section displays a green checkmark.
14. Click "Save."
15. You will get a notification at the top of the screen that says, "Patient successfully added."
16. Once you have created the patient record, you can click on the patient's name to assign them a brace.

Note: Parents or caregivers cannot access the dashboard; they can only access the app on a mobile device.

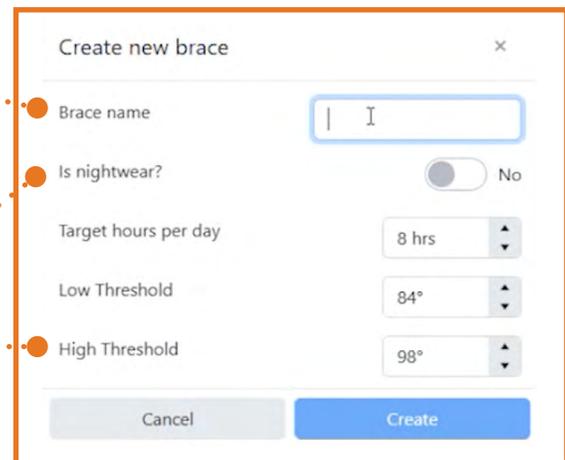
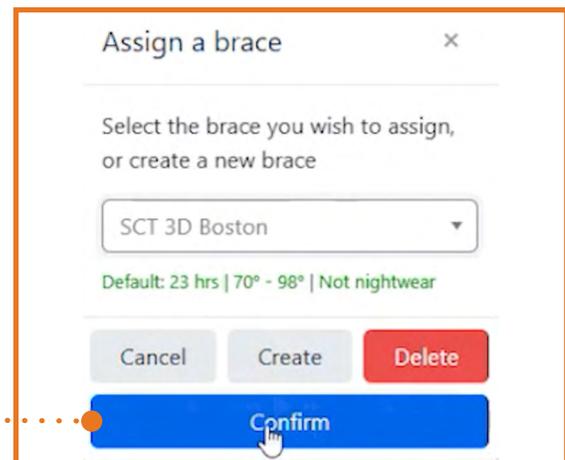


First Time Creating a Brace

When you enter the dashboard, you must first create your brace, which will then appear in a drop-down menu.

1. To create a new brace type, enter the brace name and choose whether it is a nightwear brace.
2. If the brace will be worn primarily while the patient is at home after school or at night, toggle the button to "Yes." For a full-time brace, leave it set to "No." This sets the clock and determines how data is recorded each day. The full-time brace clock corresponds to a typical twenty-four-hour day, from 12:00 a.m. to 11:59 p.m. A nightwear brace clock records the following day from 12:00 p.m. to 11:59 a.m.
3. The low and high thresholds should be set as the brace's defaults. We recommend starting the low threshold around 70°F as these devices take some time to warm up. This will show us when the patient is wearing the brace, but adjustments can be made after the readings are taken. We can then review the data to ensure it's being calculated correctly.
4. Click "Create" to save the default settings for this brace type.

Let's use the Boston brace as an example. In addition to displaying the default wear time, which in this case is twenty-three hours, it will also display the temperature range marked as the "golden zone."

These settings can be adjusted on a patient-by-patient basis. For instance, if a patient will only wear an SCT 3D Boston brace for twelve hours after school and at night, you can create a new brace or modify these settings specifically for that patient.

Once a brace type has been initially created, you can simply click "Assign Brace" from then on.

After clicking "Confirm," the brace type will be assigned to the patient.

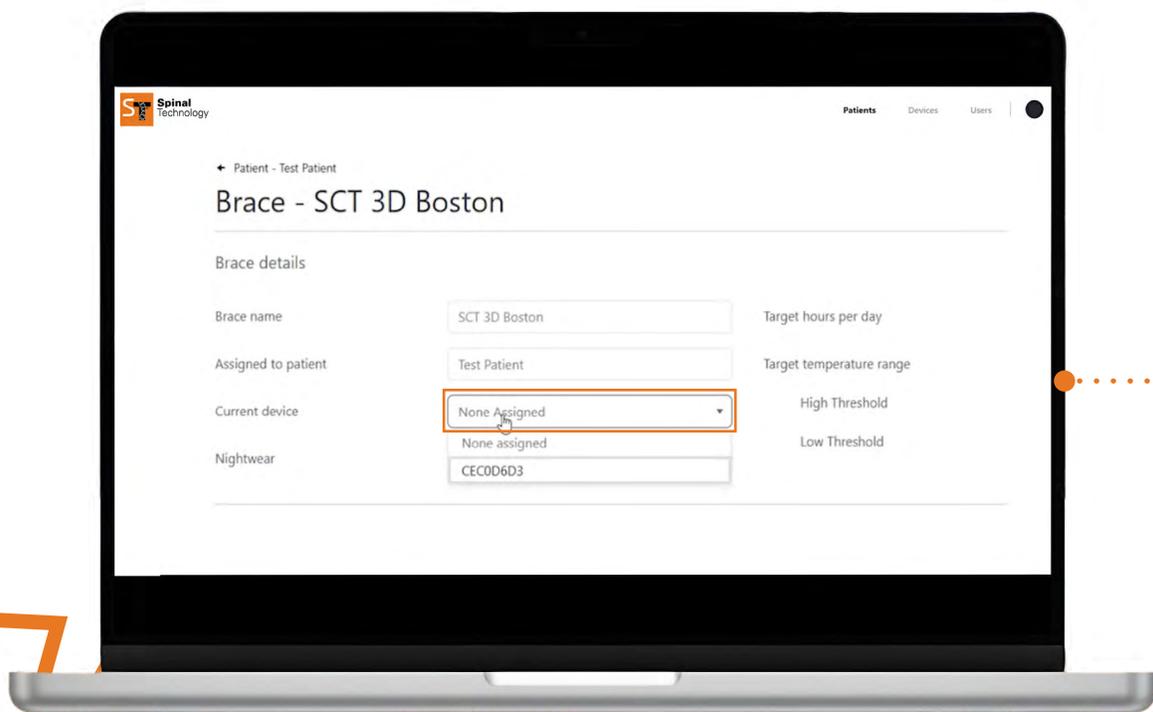


Edit Specific Brace Settings for an Individual Patient

1. Click on the brace.
2. All the fields will be grayed out.
3. Click "Edit."
4. Toggle the wear time settings and the high/low thresholds as needed for your patient.

Assign a stWear™ Device to a Patient

1. To assign a device to the patient, click the drop-down next to "Current Device."
2. Any unassigned device that has been assigned to your account but has not yet been assigned to a patient will show up in this drop-down.
3. Choose the alphanumeric number.
4. Click "Save."
5. A green message will confirm you have successfully updated the brace and device information.



Next Steps

1. Remove the plastic battery protection tab from the device's button. This will start recording temperature.
2. Then the device can be installed into the brace.
3. It is recommended to install the device placing the orange side inside so that the vents face the patient.



Brace - SCT 3D Boston

Brace details

Brace name

Assigned to patient

Current device

Nightwear

Delete patient ×

Are you sure you want to delete this patient? This action cannot be undone.

If a mistake was made, and the parent or caregiver's e-mail address was incorrect, they will not receive the invite in a welcome email. Follow these steps to correct the error:

1. Go into the patient record.
2. Click on the brace.
3. Click "Edit."
4. Go to the assigned device.
5. Click "None Assigned" to remove this device from this patient's brace.
6. Click "Save."
7. Go back to the "Patients" section and click "Delete." A pop-up will appear to confirm that you want to delete the device. This action cannot be undone.
8. Click "Confirm."
9. Now, start from the beginning and add the patient again.

To learn more about the stWear™, visit SpinalTech.com/stWear.



Spinal.Tech/stWear

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