

PRACTITIONER SERIES

Getting Started with the stWear™ Portal



Spinal.Tech/stWear

This e-book is designed as a companion piece to our Online Video Training.



Visit [YouTube.com/@SpinalTechnology](https://www.youtube.com/@SpinalTechnology) to watch the full video.

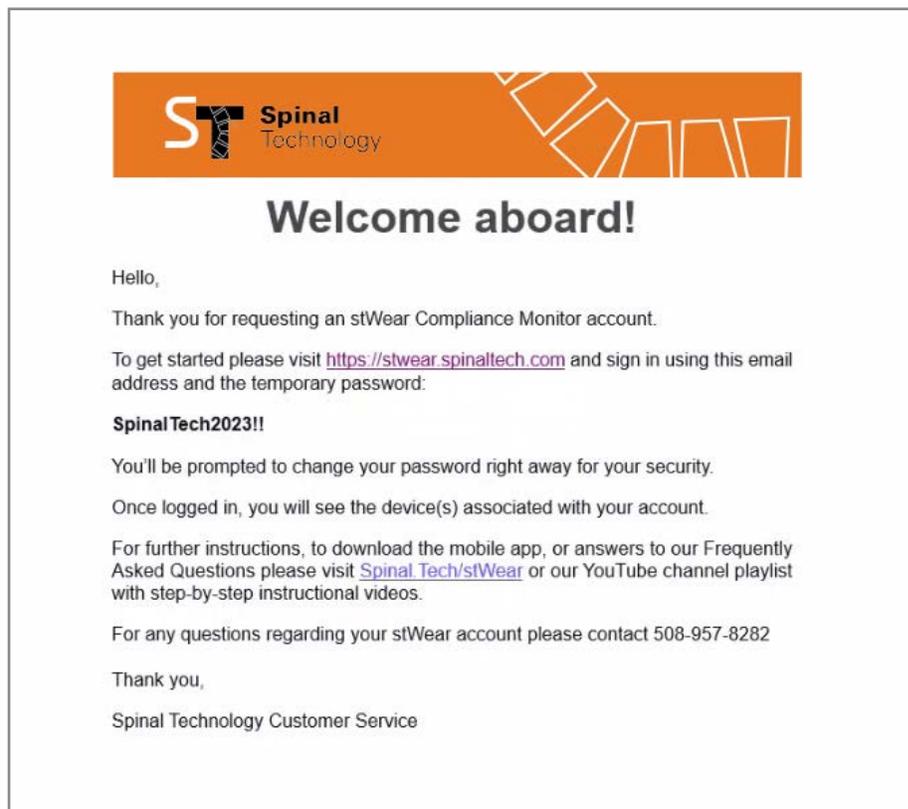
Accessing the Portal



After contacting Spinal Technology customer service and requesting access, you will receive an email from **STWear@SpinalTech.com**. This email will contain a hyperlink to the login page and a temporary password.

You can either remember or copy/paste the password for later use.

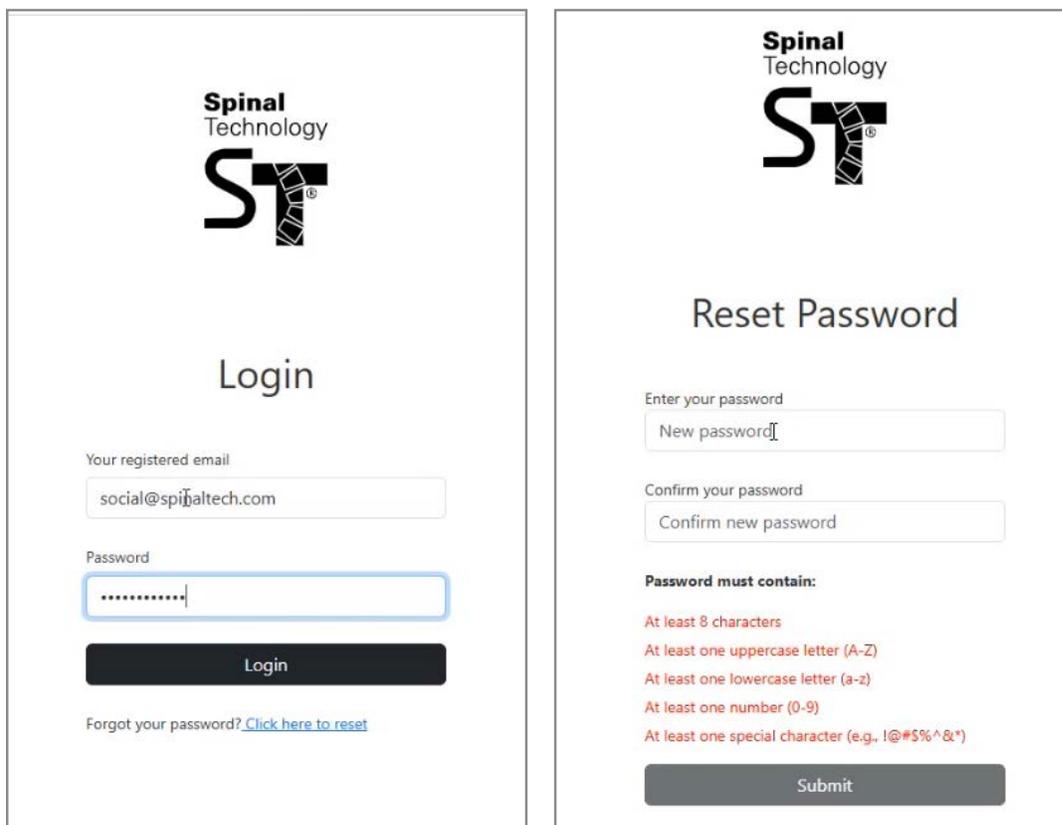
1. Open the email and click on the provided hyperlink.
2. Enter your email address and temporary password.
3. You will be prompted to create a new permanent password.
4. Submit the new password and log in with your updated credentials.



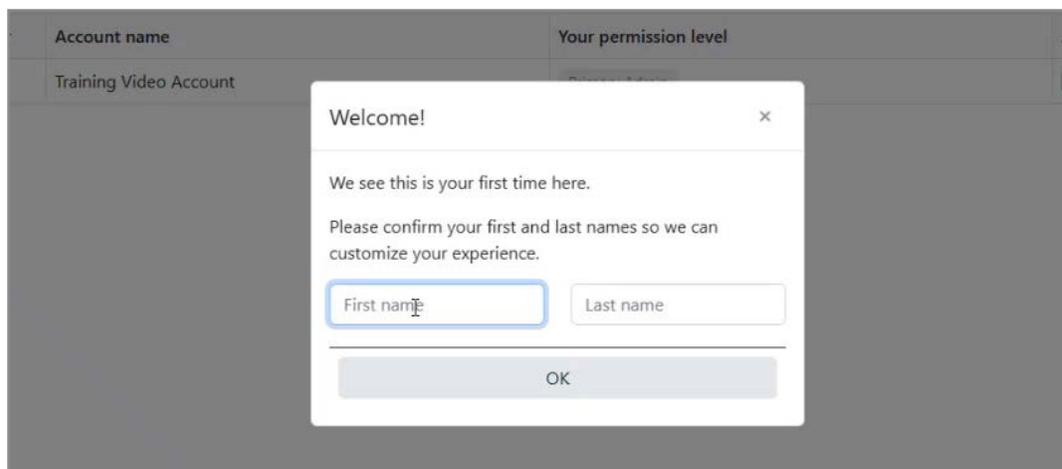
First-Time Login Setup

Upon logging in for the first time:

1. Enter your first name and last name.
2. You will be directed to the homepage, which is the screen you see each time you log in.
3. Click on your account name to enter the portal.



The image shows two screenshots of the Spinal Technology user interface. The left screenshot is the 'Login' page, featuring the Spinal Technology logo at the top. Below the logo, the word 'Login' is centered. There are two input fields: 'Your registered email' with the value 'social@spinaltech.com' and 'Password' with a masked password '.....'. A black 'Login' button is positioned below the password field. At the bottom, there is a link: 'Forgot your password? [Click here to reset](#)'. The right screenshot is the 'Reset Password' page, also featuring the Spinal Technology logo. The title 'Reset Password' is centered. It contains two input fields: 'Enter your password' with the value 'New password' and 'Confirm your password' with the value 'Confirm new password'. Below these fields, a section titled 'Password must contain:' lists requirements: 'At least 8 characters', 'At least one uppercase letter (A-Z)', 'At least one lowercase letter (a-z)', 'At least one number (0-9)', and 'At least one special character (e.g., !@#%&*)'. A grey 'Submit' button is at the bottom.

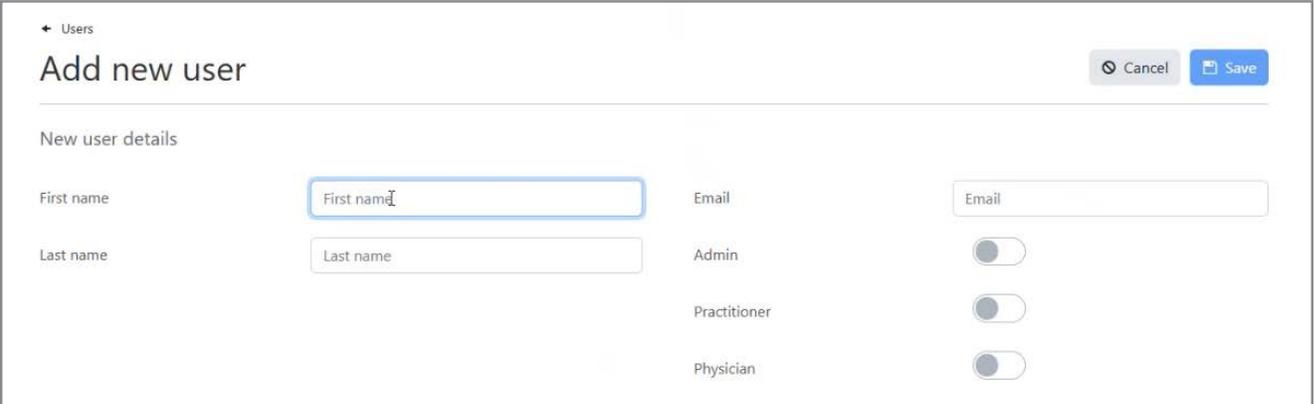


The image shows a screenshot of a user profile page with a 'Welcome!' dialog box overlaid. The background page has a table with columns 'Account name' and 'Your permission level'. The first row shows 'Training Video Account' and 'Admin'. The 'Welcome!' dialog box is white with a close button (x) in the top right corner. It contains the text: 'Welcome!', 'We see this is your first time here.', and 'Please confirm your first and last names so we can customize your experience.' Below the text are two input fields: 'First name' and 'Last name'. At the bottom of the dialog is an 'OK' button. The background page is partially obscured by a decorative orange graphic on the right side.

Adding Additional Users

As an Administrator, you may need to add additional Users such as other clinicians or referring physicians.

1. Click on “Add User.”
2. Enter the User’s first name and last name.
3. Assign appropriate permissions based on their role.



Users

Add new user

Cancel Save

New user details

First name

Last name

Email

Admin

Practitioner

Physician

User Definitions

Primary Admin

- Manages admin users, including adding and removing them.
- Provides a permanent email address for the account (cannot be changed after setup).
- Can add or remove users, including Admins, Practitioners, and Physicians.
- Can add or remove patients.
- Assign devices to patients.
- Can log in to the app and take readings.
- Cannot be a Practitioner or Physician (this is strictly an administrative role).

Practitioner:

- Can function as both an Admin and a Practitioner (recommended).
- Can add or remove only their patients.
- Practitioner Admins have access to all patients within the account.
- Can add or remove a patient’s referring Physician.
- Cannot be a Physician if already set up as a Practitioner.

Physician:

- Can only view data from assigned patients.
- Access is limited to the dashboard—not the app.

Your Parent Access to Patient Device

Email Notification for Parents/Caregivers

You will receive an email notifying them that you have been assigned to a patient. This email includes:

- Instructions to download the stWear™ app for iOS or Android.
- A temporary password for their account.
- A prompt to change their password upon the first login.

Logging In and Device Overview

1. Open the stWear™ app and log in with the provided credentials.
2. Once logged in, the parent will only see their child's assigned device.
3. Key elements displayed on the home screen:
 - **Device ID:** A bold number at the top.
 - **Bluetooth Signal Strength:** Indicated with a status such as "Great."
 - **Battery Life Percentage:** Typically lasts 9–12 months, but frequent readings may shorten lifespan.
 - **Replacement Battery Type:** CR2032.

Patients + Add patient

Name	Practitioner	Physician	Last upload	Braces
No records available.				

⏪ ⏩
0 - 0 of 0 items

Name	Email	Permission level	Status
	social@spinaltech.com	Primary Admin	Active

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Adjusting Device Settings

To modify settings:

1. Click on the device name.
2. Select “Sensor Settings” and click “Edit.”
3. Update the sensor name as needed.
4. Verify the Golden Zone settings match the practitioner’s portal settings (e.g., 82–98 degrees).
5. Adjust target hours if needed.

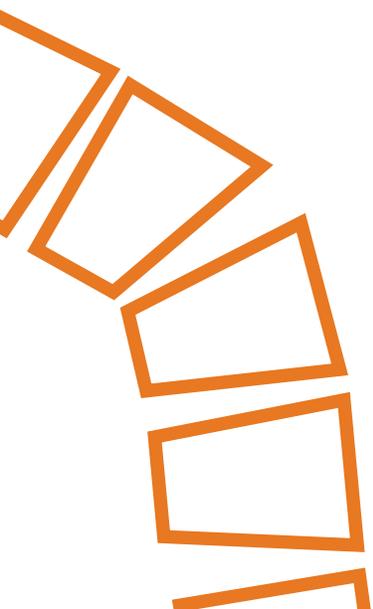
Taking a Reading

1. Click the “Download” button.
2. Once the download is complete, access the “Download History” to view past readings.
3. The report includes information such as a date range and temperature readings.
4. If needed, parents can send the report via email using the “Send” button.

Ensuring Proper Functionality

To ensure accurate readings, parents should:

- Keep Bluetooth enabled on their device/devices.
- Allow location services while using Bluetooth.





Spinal.Tech/stWear

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